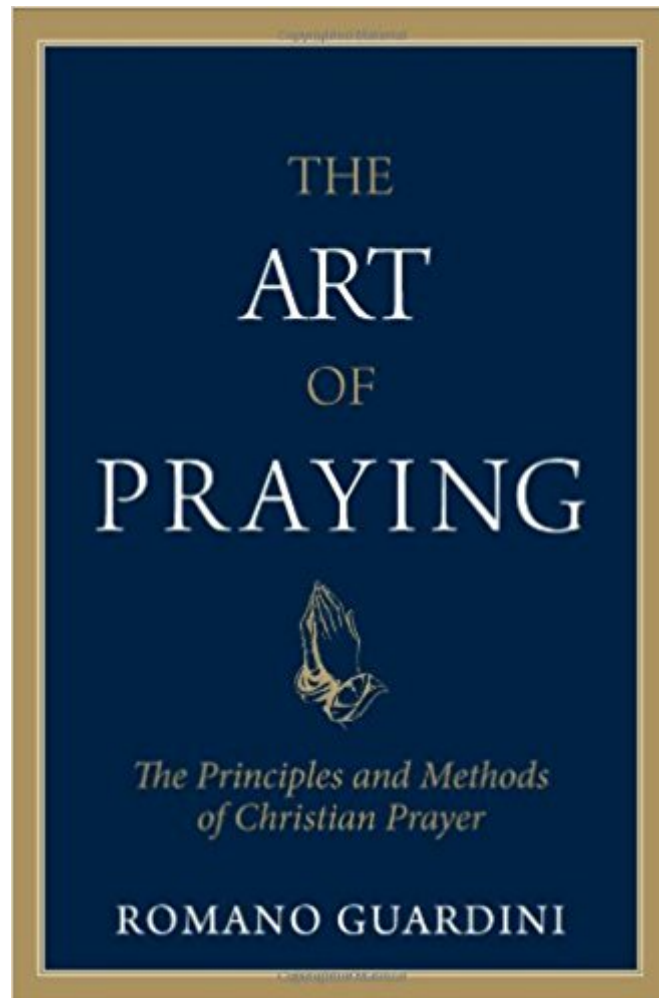




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# The Art Of Praying: The Principles And Methods Of Christian Prayer



## Synopsis

You've matured, but have your prayers? Has your understanding of prayer matured since you learned to pray at your mother's knee? Or, like many of us, do you continue to pray, year after year, as you were taught as a child? If your prayers are difficult or boring, your problem may not be so much failure of will (you do try to pray well) as lack of knowledge about how mature souls pray. Most of us have been doing it so long that we pray automatically without really thinking about it. The good news is that such problems are easily overcome! This remarkable book offers practical ways that you can improve your prayers today and grow closer to God. Learn: How to overcome distractions How to pray when your heart is empty How to avoid monotony The best posture for prayer ... and more!

## Book Information

Paperback: 162 pages

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Average Customer Review: 4.5 out of 5 stars 28 customer reviews

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## Customer Reviews

Scott Hahn "An inspiring prayer guide for us all! Highly recommended." Ralph Martin "Guardini is a master of the spiritual life. It is a blessing to have his book on prayer available in English." Rev. Benedict Groeschel "Long ago, Msgr. Guardini helped teach me how to pray. I still rely on his thought and I cannot recommend this book highly enough." Rev. George Rutler "This book by a true man of prayer has helped me pray better. I am grateful for it." Thomas Howard "You will find yourself instructed, illumined, and bidden to come further into the precincts where prayer is continually offered." --Personal Endorsements

Text: English (translation) Original Language: German --This text refers to an out of print or

unavailable edition of this title.

Besides the deep explanation about the best and honest ways to be in connection with God, in this book I found the most insightful explanations about the Divine Providence and the way it works. In some parts what I was reading was like small episodes of my own living experiences that I have had during some times in my life and were kind of amazing episodes. I am Mexican and live in Mexico so I decided to make a translation of the Divine Providence chapter because I have not found a Spanish version of this book. I want that to be read by my family and friends. They will see life in a different context.

An excellent read that strengthens one's faith and understanding of prayer. Though written many years ago, the wisdom contained in this book is as relevant today as ever. All Christians, rather Protestant, Catholic, or otherwise should find this book practical and inspiring.

This book was surprising. At first I thought it was going to be dry.....but when I opened it a second time, the Holy Spirit anointed it and my spirit to receive, it is wonderful, inspiring teaching! Thank you. I have been a praying Christian for over 40 years, and was inspired by this book.

Has helped in my prayer life a little bit but your prayer life is on you. It requires dedication and yes effort.

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Now on my list of favorites. It made a second list; books I will read more than once. If you're on the fence, take the leap. You won't regret buying this book.

The Art of Praying provides the key to opening and closing the door on the modern world and its relentless distractions--an entry into the quiet of the interior life.

Romano Guardini has a way with words that open heavenly doors for me. I highly recommend this very readable and interesting book to anyone seeking to grow closer to God in prayer.

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